

# MINDS IN MOTION

able  
minds

Able Minds invite you to join our group for parents and whanau who have a child in their life with ADHD or Autism

We aim to **EMPOWER, EDUCATE** and **CONNECT** parents with free support from Able Minds

**New Location:**  
Connected Eastern Southland  
5 Fairfield St, Gore

5.30pm-7pm  
First Monday of each month

For more info, Contact: Zavana  
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[www.able.org.nz](http://www.able.org.nz)

